



# MUGBERIA GANGADHAR MAHAVIDYALAYA

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA

NAAC Re-Accredited B+Level Govt. aided College

CPE (Under UGC XII Plan) & NCTE Approved Institutions

DBT Star College Scheme Award Recipient

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## Notice

The Department of Physical Education is going to arrange **weekly NET, SET, SSC and PSC coaching classes through virtual platform** for B.P.Ed. & M.P.Ed. current & former students from 11<sup>th</sup> December onwards, Virtual link will be given before the schedule classes. All are said to attend the career counseling program.

Date: 08.12.2022

 08.12.2022  
(Dr. Swapan Kumar Misra.)

Principal

  
**Principal**  
Mugberia Gangadhar Mahavidyalaya





**Online**

*Weekly Class*

**NET, SET, SSC and PSC Coaching Class  
for B.P.Ed and M.P.Ed Students**

**Organised by**

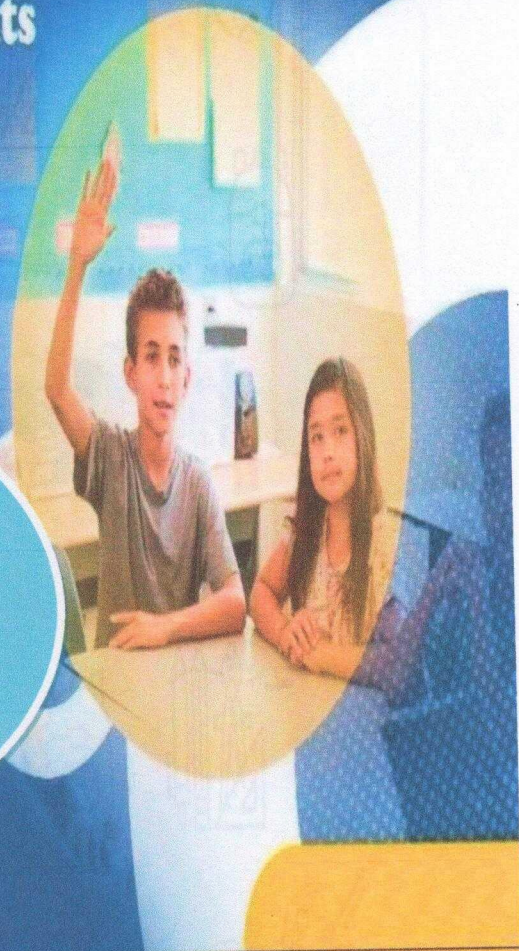
**Department of Physical Education**

**Mugberia Gangadhar Mahavidyalaya .  
Purba Medinipur, West Bengal**

**December 2022**

**To**

**May 2023**





**Report  
on  
NET, SET, SSC & PSC Online Coaching Classes**

**Organized by:  
Department of Physical Education**



**Mugberia Gangadhar Mahavidyalaya  
Bhupatinagar : Purba Medinipur  
Session :2022 -2023**





## Introduction

Online learning (e-learning) describes any form of pedagogy delivered using digital technology. Such methods incorporate visual graphics, text, animations, videos and audio. In addition, online pedagogy can also facilitate group learning, and the assistance of instructors within specific fields (Wan Aziaris, 2015).

For the purpose Department of Physical Education (DEP), Mugberia Gangadhar Mahavidyalaya(MGM) arranged on **12<sup>th</sup> December 2022 to 1<sup>st</sup> May 2023** the online NET, SET, SSC, PSC classes through the use of Google meet for the BPed. & MPed. Students of MGM.

## Outputs of Online Coaching Classes :

### 1. Efficiency

Online Coaching learning offers teachers an efficient way to deliver lessons to students. Online Coaching learning has a number of tools such as videos, PDFs, podcasts, and teachers can use all these tools as part of their lesson plans. By extending the lesson plan beyond traditional textbooks to include online resources, teachers are able to become more efficient educators.

### 2. Accessibility of Time And Place

Another advantage of online coaching education is that it allows students to attend classes from any location of their choice. It also allows schools to reach out to a more extensive network of students, instead of being restricted by geographical boundaries. Additionally, online lectures can be recorded,





archived, and shared for future reference. This allows students to access the learning material at a time of their comfort.

Thus, online coaching learning offers students the accessibility of time and place in education.

### **3. Affordability**

Another advantage of online coaching is reduced financial costs. Online education is far more affordable as compared to physical learning. This is because online learning eliminates the cost points of student transportation, student meals, and most importantly, real estate. Additionally, all the course or study materials are available online, thus creating a paperless learning environment which is more affordable, while also being beneficial to the environment

### **4. Improved Student Attendance**

Since online coaching classes can be taken from home or location of choice, there are fewer chances of students missing out on lessons.

### **5. Suits a Variety of Learning Styles**

Every student has a different learning journey and a different learning style. Some students are visual learners, while some students prefer to learn through audio. Similarly, some students thrive in the classroom, and other students are solo learners who get distracted by large groups.

The online coaching system, with its range of options and resources, can be personalized in many ways. It is the best way to create a perfect learning





environment suited to the needs of each student of Mugberia Gangadhar Mahavidyalaya.

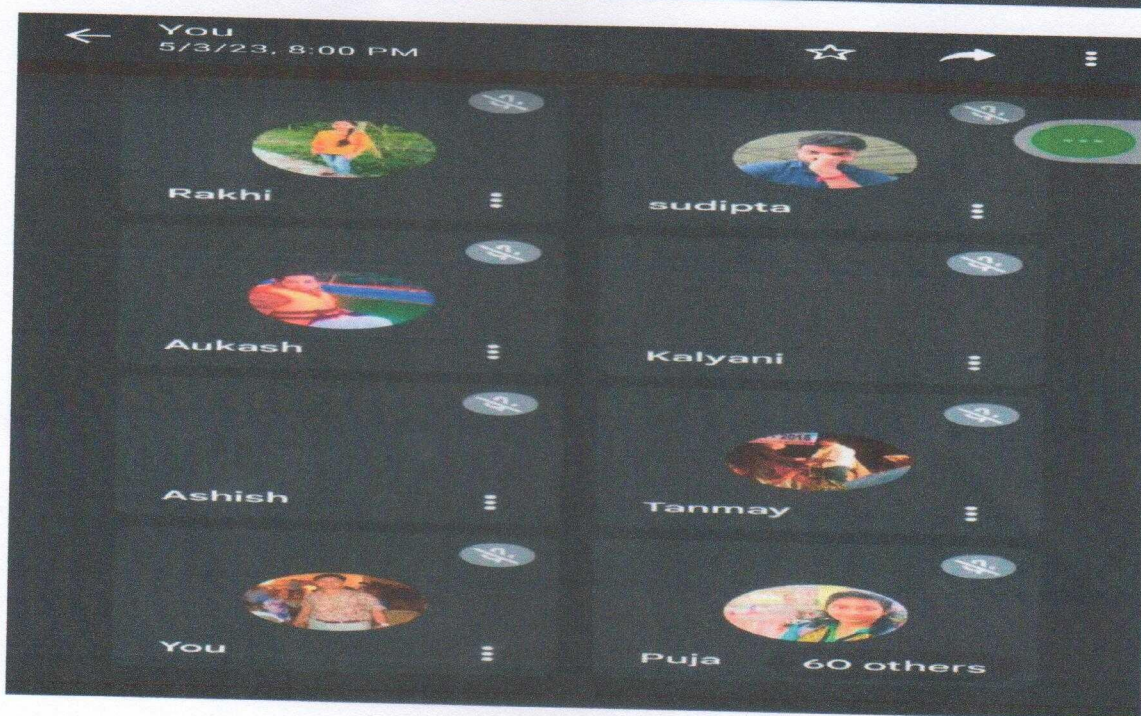
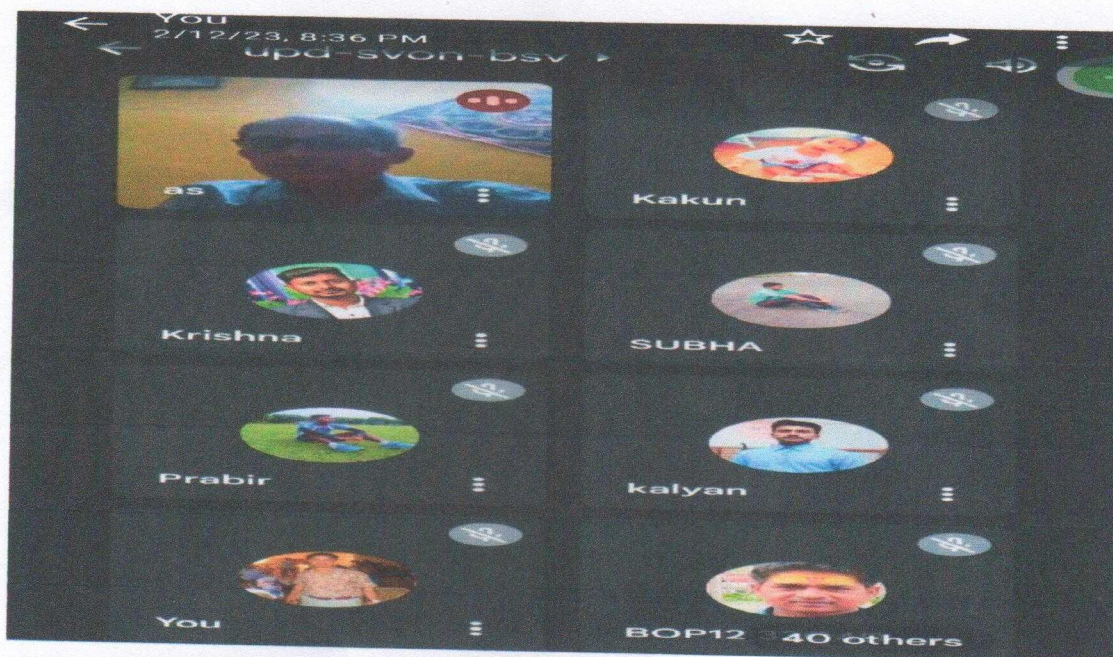
### List of teachers those have taken the online classes

Sl. No.	Name.	Designation	Date	Topic
1.	Dr. Atanu Ghosh	Asst. Professor, DPE, Jadavpur University	11.12.2022 & 01.03.2023	Training Load & Adaptation
2.	Dr. Papan Mondal	Asst. Professor, DPE, Jadavpur University.	17.12.2022 & 13.02.2023	Kinesiological Aspect of Human Movement
3.	Dr. Arijit Putatunda	Student Activity & Sports Officer, NIT Patna	25.12.2022	Basics of Biomechanics
4.	Dr. Asish Pal	Associate Prof. , DPE, Jadavpur University.	01.02.2023 & 12.02.2023	Sports Sponsorship, Sports Economics & Financial Aspects
5.	Mr. Noorkalam Sekh	SACT, DPE, Raniganj Girl's College	24.01.2023	Physical Fitness Test & Motor Fitness Tests
6.	Dr. Laden Lepecha	Asst. Professor, Department Physical Education(DPE), Kalyani University.	27.01.2023	Anxiety & Stress
7.	Mr. Ankan Banerjee	Asst. Professor Dept.of Sports Management, IISWBM	04.02.2023 & 05.02.2023	Organization and Management in Sports
8.	Dr. Ashoke Biswas	Professor, DPE, Jadavpur University.	03.03.2023	Motivation & Sports Performance
9.	Dr. Subhabrata Kar	Associate Prof., DPE, UCTC Bharampur	23.03.2023	Comparative Statistics
10.	Dr. Dilip Kumar Bondhyopadhayaya	Associate Professor (Formar), DPE, University of Kalyani.	27.03.2023	Physiological Factors Affecting Sports Performance
11.	Dr.Alok Sen Barman	Asst, Prof. DPE, SB Mahavidyalaya, Kaptari	01.05.2023	Reasoning Problem of Paper-I





## Screen Shot during the Online Classes



*(Signature)* 11.05.2023  
 (Dr. Sk. Khabiruddin), SACT  
 Signature of Online Coaching Co-ordinator

*(Signature)* 11-05-2023  
 (Dr.S.K.Misra)  
 Principal, MGM  
**Principal**  
 Mugberia Gangadhar Mahavidyalaya

